

SIGNOS

MEET YOUR METABOLISM



Personalized Health with Signos

Signos provides data-driven recommendations to help you lose weight, optimize exercise performance, and boost your overall health.

Okay, so...how does it work?

1 Apply a wearable CGM to get your biodata.

2 Get real-time feedback on how your body responds to different foods.

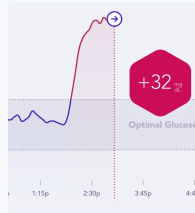
3 Make micro changes to reduce glucose spikes and feel your best.

Why Monitor Glucose?

(It's simply the key to your metabolism.)



Our bodies need glucose.



But, too much and too fast, can make glucose levels sky-rocket.

This is called a spike.



If the body can't use the glucose or stores are full, excess glucose is stored as fat leading to unwanted weight gain, fatigue, and a poor mood.

Meet your metabolism with us.

Signos short-circuits this cycle and helps you maintain healthy glucose levels.

By keeping glucose levels in a healthy range, you can improve weight loss and management, stabilize energy levels, and boost your mood.



Why Signos? (It's not magic, it's science.)

Signos combines a CGM with an AI-driven app to deliver real-time glucose monitoring for optimal health and weight management.

By looking at how lifestyle factors like food choices, exercise, sleep, and stress, Signos makes personalized recommendations so you can improve your health and live your healthiest life.

